





Happy New Year! (Nope, not a typo.) I didn't publish a January newsletter – in fact, I haven't published a newsletter since May? April? Quite honestly, I was too busy learning how to be a road warrior, taking my talents on the road for eight months in 2023. Fortunately, I believe that a "new year" can start anytime! I'm ready to dive in to 2024 now... are you with me??



XOXO

I recently challenged myself to post more consistently on Linked In – in fact, I committed to posting something every day for 90 days. I've just wrapped up that little experiment, and what I can confidently report is this: posting every day is a wonderful habit.

I don't have any earth shattering data or metrics to share, although I can vaguely say that my average number of post impressions has increased, and I have more connections on the platform than I did three months ago.

My favorite takeaway from this personal challenge is that I have made heartfelt connections with several people who share my passion for leadership that cultivates a sustainable workforce. Our conversations have given me new hope and energy! **Thank you, more please!** <u>Connect with me</u> for 90 more days of Linked In content!

how can i help?

Looking for an experienced & trusted advisor? You will benefit from working with a Mentor

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- I help you and/or your organization set & achieve new goals
- I create & navigate personalized road maps for action and success
- I deliver in-person and on-line sessions, an accountability program, and digital resources

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what's new?

I believe that a new year can start any day. So I'm THRILLED to help you kick you off a New Year on Thursday, February 15th!

In this 2 hour - virtual - version of my REWIND/RENEW Retreat, we will gather to REWIND (celebrate and learn from) the past twelve months, and RENEW (celebrate and plan for) the next twelve.

It's virtual (you can wear your cozy clothes), and it's FREE (you can splurge on the good snacks).

Save the date, and shoot me a message with your email address so I can send you the details!





LET'S CONNECT!

SCHEDULE A CALL



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